NOTIFICATION OF LATE FILING

Name of the Issuer: Grow Solutions Holdings, Inc.

Check One:	Annual Report	Quarterly Report	Interim Report

For Period Ended: 03/31/2022

Address of Principal Executive Office:

430 Franklin Village Drive

Franklin, MA 01038

Reason for Delay in Posting Financial Report: State below in reasonable detail why the Annual/Quarterly Report could not be filed within the prescribed time period.

There was a delay in finalizing the quarter-end financial statements due to a delay in obtaining and compiling information required to be included in the Company's quarterly report.

Anticipated Filing Date:

[Please note that the filing of this notification grants issuers 5 additional calendar days to post a Quarterly or Interim Report and 15 calendar days to post an Annual Report.] 05/23/2022

Person to contact regarding this notification :	Officer/Director Signature:
Date: <u>05/16/2022</u>	Date: <u>05/16/2022</u>
Signature: /s/Philip Sands	Signature: /s/ Philip Sands
Name: Philip Sands	Name: Philip Sands

Title: President

Title: President

Instructions to post Notification of Late Filing in www.OTCIQ.com:

- 1. Fill out this Notification of Late Filing form and convert the file to a PDF
- 2. Log in to www.OTCIQ.com and click "Add Financial Report" on the left hand navigation
- 3. Select Dissemination Date "Immediate"
- 4. Under Report Type, select "Notification of Late Filing"
- 5. Enter Period End Date corresponding to the quarter/fiscal year end date for which this Notice is being filed
- 6. Click "Browse" and select the PDF saved in step 1 above.

7. A preview of the document will appear next. Please make sure to review the entire document & scroll down to click the "**Submit**" button. Your Notification of Late Filing will appear within a few minutes on otcmarkets.com

Alternative Reporting companies on the Pink Current tier may utilize the Notification of Late Filing to receive the extension. The Notification must be submitted by the applicable reporting deadline to qualify for the extension.

OTCQB and OTCQX non-SEC reporting companies may also post this document to remain compliant with OTC reporting requirements.

<u>Conditional Filing Relief for Companies Affected by the Coronavirus</u>: Issuer must specifically disclose a summary of why relief is needed in the Notification of Late Filing in order to receive the 45 day extension.